

Sentinel Watch - April 2020

These descriptions are intended to support branch churches and individuals who would like to share and promote the upcoming Sentinel Watch topics. You're more than welcome to adapt these descriptions for your individual use. Feel free to use the information in a way that best meets the needs of your community.

April 6-12, 2020

What does Easter teach us about hope and healing?

Guest: Sarah Hyatt

On the upcoming Sentinel Watch podcast, we ask what we can learn from Easter about hope and healing. Our guest explores how we can find hope when confronted with hopelessness, progress when confronted with obstacles, and transformation when facing a dead-end situation. Through the lens of better understanding the resurrection and ascension of Jesus, our guest shares how healing and redemption are available to all of us today. To hear more about how you can feel this renewed sense of hope in your own life, listen to the upcoming Sentinel Watch podcast on JSH-Online.com.

April 13-19, 2020

Let go of limiting labels

Guest: Melissa Hayden

On the upcoming Sentinel Watch podcast, our guest discusses the prevalence of limiting labels and how a better understanding of our true, spiritual identity as a loved child of God empowers us to overcome these labels. She shares how she was able to replace limitations of fear and unrest with seeing herself the way God sees us all—as peaceful, good, and harmonious—and how this has freed her from accepting limiting labels for herself and others. To hear how you can let go of limiting labels and see yourself the way God sees you, listen to the upcoming Sentinel Watch podcast on JSH-Online.com.

April 20-26, 2020

What can we rely on in an uncertain world?

Guests: Amelia Newcomb, Mark Sappenfield, and Tony Lobl

On the upcoming Sentinel Watch podcast, we explore the spiritual basis for confidence in the power of God, good, when evidence of uncertainty seems to spring up all around us. Our guests are editors at *The Christian Science Monitor*. They share news of a series the *Monitor* is running on “Navigating Uncertainty: the search for global bearings.” They also share individual experiences of understanding and proving the deep, divine certainty God imparts, and which is practiced in Christian Science. To discover how to navigate a life of peace and joy in an uncertain world, listen to the upcoming Sentinel Watch podcast on JSH-Online.com.

April 27 - May 3, 2020

Daily Defense

Guest: Elise Moore

On the upcoming Sentinel Watch podcast, our guest explores why we need to prayerfully defend ourselves daily and how we can accomplish this. She explains that to truly defend ourselves, we need to detect the ungodlike suggestions of evil, sin, and disease—and neutralize them with the truth that God, good, is the only power and presence, thereby proving Jesus’ practical statement, “Ye shall know the truth, and the truth shall make you free” (John 8:32). To hear how you too can prayerfully defend yourself daily and eliminate threats to our well-being, listen to the upcoming Sentinel Watch podcast on JSH-Online.com.